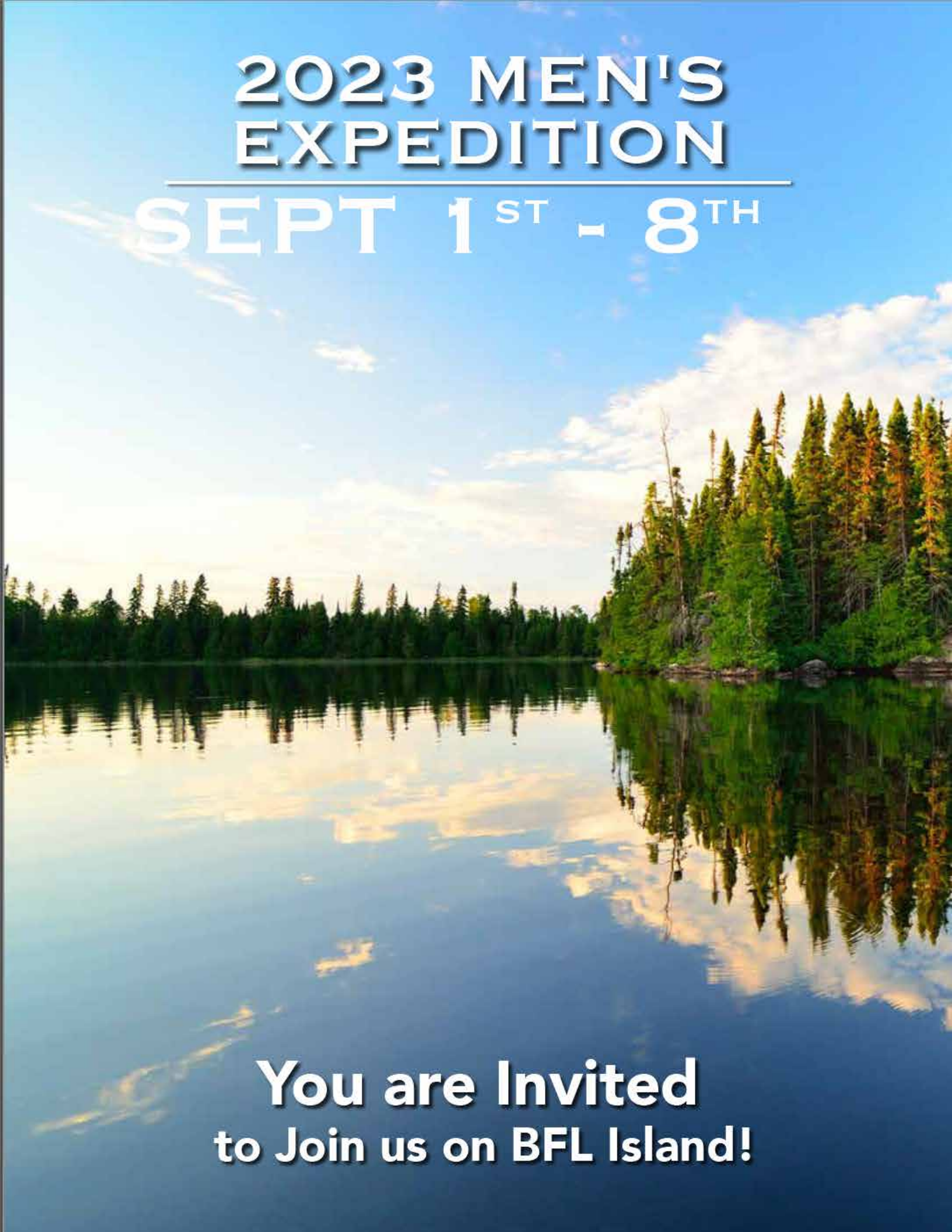
2023 MEN'S EXPEDITION

SEPT 1ST - 8TH



You are Invited

to Join us on BFL Island!

Journey with Us to the Most Beautiful Place on the Planet

Where Those Who Make the Journey Become...

BUDDIES-FOR-LIFE

EXPERIENCING GOD IN THE CANADIAN OUTDOORS

IN MY TRAVELS around the world I have found no greater place to experience the serenity of real life with real men and the reality of God's presence than 1,000 miles north of Kansas City in the remote backwaters, north woods and secluded islands of Canada.

I want to personally invite you to join me for an outdoor experience that will refresh your soul and enliven your spirit for the next year! Thank you for taking the time to consider investing one week of your life with us on this year's expedition into the land of seven shades of green, a place so pristine, so wild, so remote that you forget your life back in America. Why not unplug? Why not get off the grid? Why not get away and get into "The Stress-Free Zone" with your...

Buddies for Life?

Serenity

IT IS MY DESIRE to take you out of the rush and stress of life, away from the computers, TV's and cell phones of today's America and into an ecosystem of total mental and emotional detox...

"The Stress-Free Zone."

We go deep into a world where men connect in the serenity of God's great outdoors. Bonds are built with each other and lifelong friendships are forged through the memories of exploration, fabulous fishing and reminiscing around the campfire.

Why not consider escaping to a world of clean air, breathtaking sunsets, shooting stars and Northern Lights? A world where you share BFL island with loons, moose, bears, eagles, and your

Buddies for Life.

Merging Streams

THE BEST fishing is where two streams merge. The best friendships make and create ways to merge the streams of their lives with one another. Most men, including myself, find it difficult to merge the two because a myriad of distractions in life challenge our ability to connect with each other and become...

Buddies For Life.

2023 MEN'S EXPEDITION

IF YOU ARE looking for deeper and more meaningful relationships with friends, family or co-workers, I know of no greater way to create memories and build a bond that lasts a lifetime than to get away with me and my BFL's on this year's expedition to BFL Island. I want to take you to the most conducive place I have found to merge the stream of my life with others that want to experience the wilderness with my...

Buddies For Life.

Buddies For Life

Where Men Become Boys, Again!!!

What Makes a Buddy For Life?

A Rewarding Journey on a Remote Island
Catching Fish + Enjoying Peaceful Sunsets + Rapids
Sitting around the Campffire + Observing Wildlife
Cliff Jumping + Waterfalls + Exhilarating Experiences
Teamwork + Overcoming Adversity + Working Hard
In The "Stress-Free Zone" + Living, Laughing, Loving, Learning
Swimming + H20 Skiing + Exploring, Cooking, Eating, Camping
Northern Lights+ Experiencing God in the Canadian Outdoors

Creating Lifelong Memories = A Buddy For Life

Why an Expedition to BFL Island?

TYPICAL VACATION	or	BFL EXPEDITION
Loud		Quiet
Public		Private
Indoor		Outside
Crowded		Secluded
In the City		Wilderness
On the Grid		Off the Grid
Recreational		Relationships
On the Streets		On the water
Short Term Gains		Long Term Gains
Barely See the Stars		See Millions of Stars
Come Back Stressed		Come Back Refreshed

Boys, This is Why You Come to BFL Island!

Who Leads You on this Journey?

Guided by Patrick "PK" and Joey Kucera

EXPERIENED LEADERSHIP

For 20 years, it has been a summer tradition of mine to learn the lessons of the Canadian outdoors including the ways of the land, lakes, boats, food, fires and fishing in preparation to lead you on this year's expedition.

My sons and I, along with other veterans have led countless journeys into the sacred wilderness.

For two decades my son and I have learned how to thrive on the island and succeed on the water. Seeking perfection, we debrief after every journey with every BFL. New efficiency and effectiveness spring forth from every expedition. No trip is the same. Every year we experience new challenges requiring better answers and proactive and innovative solutions.

Why do we work so hard?

It is our goal for you to experience God in the woods and on the water like His Creation was intended. We hope that our organization, efficiency and excellence not only honors the God of order but we pray He inspires you in His sanctuary of the great outdoors.

SPECIAL BFL RECOGNITION

MANY KUDOS to BFL veterans like Dean Tangeman, Mike Silvio, Josh Mais, Zach Brown, Mike Cowden, Thurlow Prescott, Chris Pulley, Ron Holm and Brandon Peek. Their experience of over 60 combined journeys will be invaluable to making your expedition to BFL Island successful. Thank You!

TEAMWORK - Together Everyone Accomplishes More

What do we do for you?

Guided by Patrick "PK" and Joey Kucera

A PROVEN SYSTEM

MY BOYS AND I work diligently all year long, spending countless hours of planning and preparation for you to reach your ultimate destination with us on...

BFL Island

YOU Just Pack a SUITCASE... WE Organize & Outfit EVERYTHING Else:

Reservations · Administration · Transportation · Gas · Lodging · Taxes · Licenses · Permits

Camping Gear · Meals · Drinks · Full Service Grill · Tools · Huge Tents · Oversized Cots

Boats · Motors · Nets · Stringers · Rods · Reels · Line · Lures · Tackle · Bait · Getting You On Fish!

What Do We Catch?

World-Class Walleye

EVERY MORNING after breakfast we all head out on the water in search of catching our limit of great tasting walleye. The joy of finding them together and watching everyone pull up our shore lunch is truly bonding... and a little competition is always great for fireside chats.

Trophy Northern Pike

THERE IS SOMETHING absolutely exhilarating about catching trophy pike.

The rush of big fish attacking your lure, jerking your arms, getting a monster in the net and into the boat for photos, is a moment that will last a lifetime for all who are in the boat. It never gets old!

Enormous Smallmouth Bass

POUND FOR POUND, smallmouth bass put up the biggest fight. They are tenacious fighters that explode out of the water to set themselves free. Whether on the lake, in the rapids or near the waterfalls, when you hook a "smally", you know you are in for a BIG FIGHT!

World-Class Walleye

Trophy Northern Pike

Enormous Smallmouth Bass

What Do We Do...

When We Are Not Fishing?

What Do We Eat?

Breakfast

- Bacon · Eggs
- Hot Coffee · Sausage
- Raspberry Pancakes
- Cold Milk & Cereal
- Biscuits & Gravy

Shore Lunch

- Fresh Walleye
  - Prepared Using Five Different Recipes
- Skillet Cooked
  - Potatoes & Onions
  - Vegetables
- Homemade:
  - Banana Bread
  - Pumpkin Bread

Dinner

- Burgers · Brats
- Steaks & Sweet Corn
- Chicken & Rice
- Pork Chops · Pasta
- Spaghetti · Potatoes
- Sautéed Veggies
- S'mores

WE EAT WELL!

Where Do We Sleep?

YOU WILL SLEEP in comfort on oversized cots in large, spacious tents nestled in the shelter of the tall evergreens. You will fall asleep to the night sounds of the wind blowing through the trees, the rhythmic sound of the waves slapping against the shoreline and the heavenly sound of the loons.

All You Need To Bring Is Your Sleeping Bag and Your Pillow.

Check out those Huge **OVERSIZED COTS!**

Some BFL's Choose **Hammocks.**

2023 MEN'S
EXPEDITION
SEPT 1ST - 8TH
You are Invited
to Join us on BFL Island!

Note: This is an actual picture. Not Photoshopped in any way.

When Are We Going?

Thursday
31st

We Load Up

Friday
1st

We Leave KC

Friday
8th

Back in KC

Where Are We Going?

BFL Island

Thunder Bay

Duluth

Minneapolis

Des Moines

Kansas City

What Do I Bring?

You Just Pack a Suitcase and Sleeping Bag.
We Organize and Outfit Everything Else!

Northern-Bound Packing List

* Carry-on Bag for First Night
* Life Jacket
* Snacks for Self and Others
* Travel Money
* Personal Hygiene Items
* Quality Sunglasses
* Sun Screen/Lotion
* Hat/Cap * Lip Balm
* 4 Long Sleeve Shirts
* 4 T-Shirts
* 4 Pairs of Jeans
* 4 Pairs of Shorts
* 3 Sweatshirts
* Swimming Trunks
* Dry Camp Shoes
* Wet Boat Shoes
* Two-Piece Rain Suit
* Towels/Wash Cloth
* Sleeping Bag
* Pillow
* Earplugs
* Bug Spray
* Soccer Chair (in a bag)
* Memories (camera)

Study the pictures in this brochure to know how to dress, pack and be prepared.

What Do We Do For You?

10 Services That We Do For You...
That you Don't Have To Do!

1) **ADMINISTRATION -**
Complete planning, preparation and training for your BFL Expedition

2) TRANSPORTATION -
KC to Canada & Back, Van Rental & U-HAULS, Gas 2,000-Mile Round-Trip

3) MEALS & DRINKS -
Breakfast, Lunch, Dinner and Community Snacks

4) LODGING -
Cabins, Large Tents and Oversized Cots

5) CAMPING -
Camping Permits, Tools and Cooking Equipment

6) FISHING GEAR -
All Licenses, Rods, Reels, Line, Lures, Tackle, Nets, Stringers, Fish Fillet

7) BAIT -
Minnows, Leeches and Lures

8) BOATS -
Boats and Motors and Gas/Oil

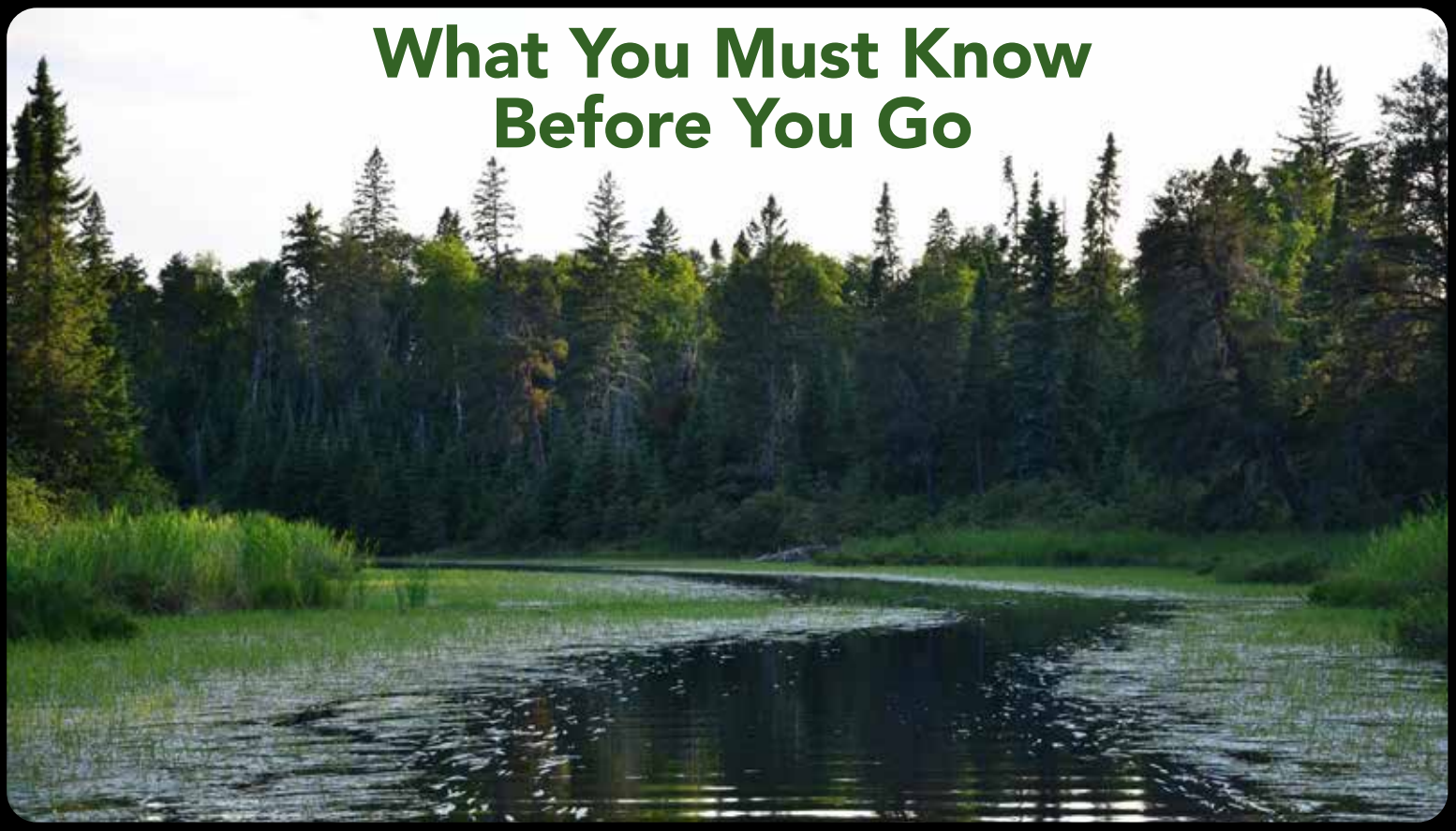
9) WORLD-CLASS FISHING -
Walleye, Northern and Smallies

10) PRE/POST TRIP -
BFL/BBQ Reunions, Memories, Pictures, Videos etc.

A One-Time Service Fee of $2,995 Per Person to BFL Covers All of the Above.

(Specialized Pricing May Apply and Financing is Available)

What You Must Know Before You Go



1) RAIN GEAR -
You will want to have a two-piece rain suit that is light enough to fish in. Removable and yet durable enough to handle a walk through the woods.

2) SHOES -
Taking care of your feet is extremely important. In the boat and walking to the boat your feet will get wet. I suggest a pair of tennis shoes that can get wet and grubby. You MUST have dry shoes to change into at camp. It is of utmost importance you have good footing for hiking through trails and streams.

3) PROTECTION -
Be sure to protect your skin, lips, and eyes from the sun and the wind.

4) LIFE JACKETS -
Life jackets are mandatory by law. You need one for fishing, boating and swimming. You want the lightest, most unobtrusive one you can find for fishing. You can look at what I'm wearing in the brochure as an example.

5) OUTDOOR CHAIRS -
Soccer chairs are really nice around the fire. I suggest you bring one with you.

6) BEDDING -
Sleeping bags and pillows are required. Please clearly mark them and wrap them in a heavy garbage bag for packing and travel. In past years we have also had people sleep in their hammocks.

7) PICTURES/VIDEO -
REMEMBER, MEDIA MEANS MEMORIES! Cameras are optional. However, what we take home at the end of the week are memories... if it's not captured by picture or video the memory could be lost. Please be intentional about taking pictures and video of others. At the end of life, all we have are memories. Please catch these moments on film for every BFL's benefit.

8) EXERCISE -
Stretch, walking and working out to be in shape for this expedition. I promise you, it will pay off!

9) WEATHER -
Weather can vary from one extreme to another. Be prepared for hot or cold, wet or dry and everything in between.

10) READ & REVIEW -
Study this brochure to know how to dress, pack and be prepared.

PROPER PREPARATION PREVENTS POOR PERFORMANCE!

What You Must Know Before We Load on Thurs, Aug 31st

1) WHEN -
We need all of your luggage at Patrick's house **BEFORE... Thursday, September 2nd**

2) BEGIN -
Your mindset must be the trip actually begins Thursday, September 2nd when we begin loading up.

3) MANDATORY -
Thursday is mandatory, everyone must be participating in the packing and loading process.

4) TEAMWORK -
Thursday is an all-day event where we begin working and bonding as a team as we pack food on dry ice, load gear, bedding, luggage, and all cooking and camping equipment into the U-Haul.

5) LOCKED UP -
Your suitcases and gear will be packed and locked up in the U-Haul. We will NOT open the U-Haul until we arrive at the lake and unload.

6) PACKED AWAY -
All luggage is packed at the front of the U-Haul and will be completely inaccessible until we unload Saturday morning.

7) CARRY-ON -
You MUST bring a small carry-on travel bag for the ride to and from Kansas City. If you want you can leave your carry-on in the van Thursday night so that it is already there Friday morning.

8) ESSENTIALS -
Make sure to remember essentials such as a toothbrush, deodorant and a change of underwear. Bring some snacks for the road.

9) READY TO GO -
ALL of THIS will allow ALL of US to pull-out with no sweat, no stress, and no last minute delays when we leave KC at the crack of dawn on Friday morning, September 1st.

10) T-SHIRTS -
Friday morning we will hand your "Buddies for Life" T-shirt for the road.

PROPER PREPARATION PREVENTS POOR PERFORMANCE!

Travel Tips
Friday, Sept 1st

1) PERSONAL HYGIENE - Please take a morning shower and appropriate measures as we will all be in close proximity to one another during our travel. Thank you in advance.

2) TRAVEL BAG - Please take only a small travel bag for the trip as space will be extremely limited

3) TRAVEL SNACKS - Bring your own travel snacks for in between meals on the road

4) PILLOW - Bring a pillow for sleeping in the van and cabin/tents

5) EAT - Be careful what you eat the day before we embark on a long journey to Canada

6) REST - Make sure to get everything done ahead of time to allow you to get to bed early

Stand Up & Stretch Your Legs in this 15-Passenger Extended Roof Van!

Things to Know About Crossing the Border

1) BEST RESULTS -
This is a very serious moment in our trip. I am speaking from personal experience. For best results we will follow the steps listed below.

2) PROTOCOL -
If processes and procedures are not followed properly, we can be delayed at the border for hours.

3) PASSPORT -
Passports and photo ID in my hands ASAP!

4) NOTIFY -
We will e-mail and call the border patrol ahead of time giving them all the appropriate information for our "Buddies For Life".

5) PAPERWORK -
When we arrive at the border, all of our information will be arranged prior to arrival. This will be arranged following border protocol. This not only saves time but reduces the possibility of thorough examination of our U-Haul.

6) CELL PHONES -
Once we cross the border, we will have limited or no cell phone reception. Use of cell phones until we are back in the states is discouraged. We advise setting them to Airplane Mode.

7) ELECTRONICS -
Once in Canada, the use of all electronic devices is discouraged. This is a time to connect with each other and God. Silence is golden in the land of seven shades of green.

8) QUIET -
What not to bring to the island... iPods, video games, laptops. Again, silence is **GOLDEN**.

9) BRING -
What to bring to the island… An adventurous attitude, and a love for your Buddies for Life.

10) EXPECTATION -
Experience God in the Canadian Outdoors.

For passport information go to www.usa.gov/passport

For Urgent Processing call VIP Passports at (800) 876-8472

Friday Night, Sept 1st

After we cross the border,
we will drive 150 miles to Ignace, Ontario in Canada.

Rest Assured!

We spend Friday night in cabins
that have soft beds, hot running water and showers.

Boys, It's Time for Bed!

Saturday Morning, Sept 2nd

Following a great night of sleep, we will eat a BIG, HOT buffet breakfast at the cabin; before heading off to the lake, unloading the U-hauls, loading up the boats, crossing the water to the campsite and setting up BFL Island.

After Breakfast

We will head into town to make a final stop for fuel in Ignace. There we will pick up our fishing licenses, outdoor and camping permits that we have prearranged to be done.

We will pick up 50 dozen minnows which we will use for bait to catch our walleye for a tasty shore lunch. Finally, after a long journey, it's time to head into the wild!

Boys, We're Headed to the Island!

Saturday Morning · Set-Up BFL Island

1) Unload the U-Hauls

2) Load Up the Boats

3) Drive to BFL Island

4) Unload the Boats

5) Set-Up Full Service Kitchen

6) Set-Up the Food Station

7) Set-Up Shelter

8) Put up the Tents

9) Cut Firewood

10) Prepare for Fishing

11) Get Boats Ready to Fish

12) Time to Eat!

What Happens Saturday thru Thursday?

Boys, This is Why You Come to Canada!

Fishing

Friendships

Food

Freedom!!!!!

We Experienced God in the Canadian Outdoors!

Prayer

Men Become Buddies For Life!

Mouth-Watering!

Thursday, September 7th

After an amazing week on BFL Island we will break camp, pack up, load up and head to the cabins for a luxurious night of relaxation that will include swimming on the beach at Dome Lake, sharing one last dinner together and exaggerating fish stories by a big campfire at night under the stars. Everyone will get a warm shower and a good night sleep in the cabins.

Friday, September 8th

Early in the Morning we will hit the road, reminisce and wish we were back on the Island, and arrive home in KC approximately from 10:00 PM to Midnight.

Please Understand

All times are approximate as it is impossible to predict weather conditions to get off the island and the unforeseen delays due to the challenges of a 1,000 mile journey.

Patrick Kucera "PK", Fisher of Men

AS AN INTERNATIONAL EVANGELIST, and pastor, I have traveled the world fishing for "men." As a professional fishing guide, I have caught thousands of fish and guided others to catch thousands more.

The exhilaration of netting monster northern pike, enormous smallmouth bass and great-tasting walleye for shore lunch is an experience that burns into the memories of those in the boat. It never gets old to snap a photo with a proud fisherman and see a smile I've never seen on their face before.

I pray that you and your son make it in my boat this year so I can net your trophy. This is why I journey every year with my Buddies For Life to BFL Island.

Leading our boats through the most gorgeous shorelines in an ecosystem teeming with fish and wildlife, I often think of the words of Christ to Peter on the shore of the Sea of Galilee, to be a "Fisher of Men." I have traveled all over the world "fishing for men" but right now...

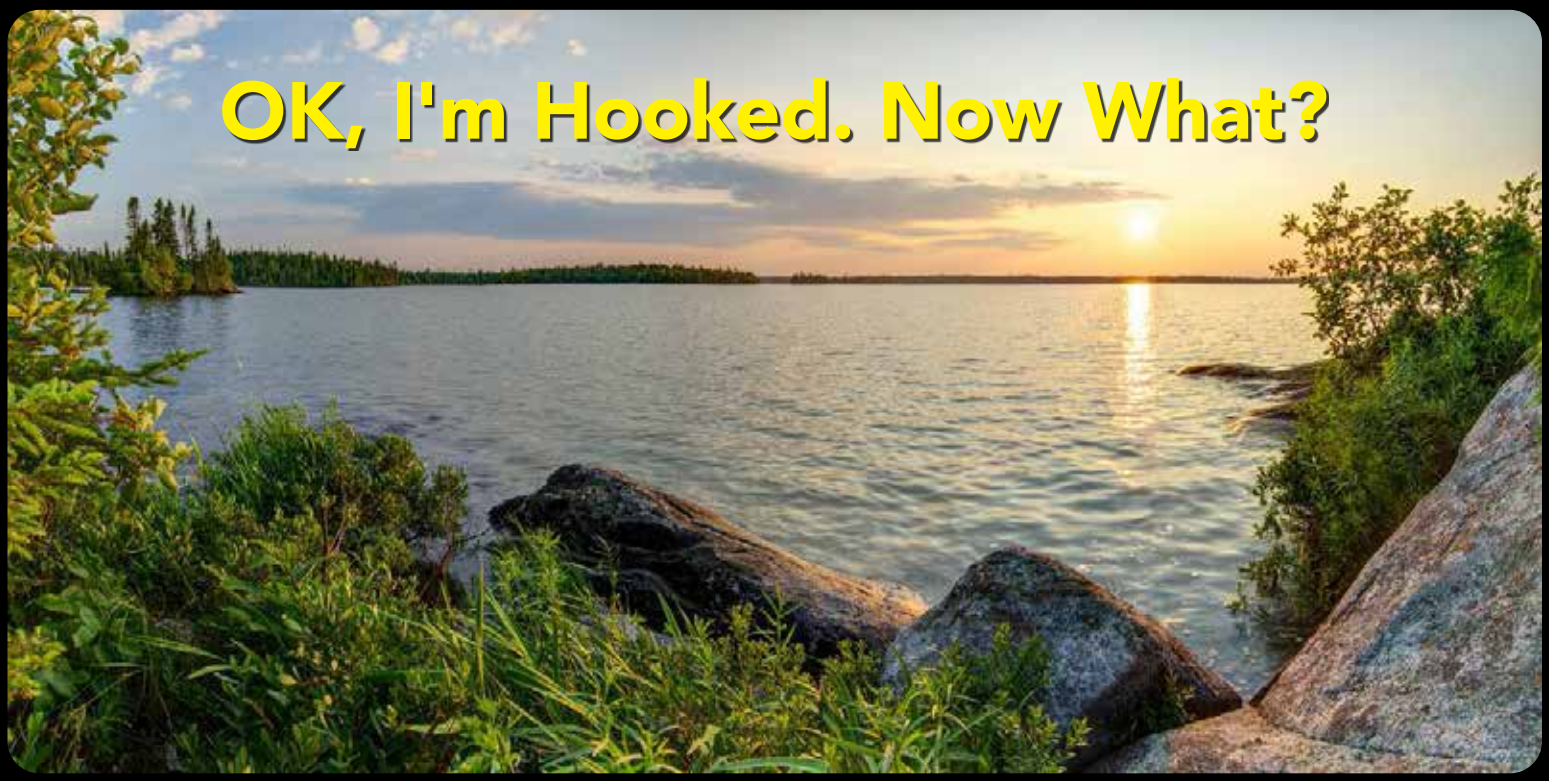
I am Trying to Catch You!

I am praying that you will travel with me and my team to another world where you will not only fish with men but "fish for men... "

good men like you!

C'mon On, Lets Go!

OK, I'm Hooked. Now What?



BEFORE YOU KNOW IT, you will be packing and heading 1,000 miles North of KC for the Canadian outdoors. You will be heading out into the Canadian woods and waters in search of great tasting walleye, trophy northern pike, and a deeper and more meaningful relationship with God and other "Buddies for Life".

BEFORE YOUR SENSES CAN BE ON FULL ALERT IN CANADA.
THEY MUST BE ON FULL ALERT IN AMERICA.

BFL Bookings/Reservations

1.
Call PK ASAP! Book your expedition to BFL Island!

2.

PASSPORTS from every person crossing the border

3.

Photocopy of a PHOTO ID or DRIVERS LICENSE

4.
PAYMENT to Frontline Ministries ($2,995 per person)
BFL is a trademark ministry of Frontline Ministries.
(Specialized Pricing May Apply and Financing is Available)

5.
Medical Release

6.
Read and RESPOND to all e-mails

7.

Use this booklet to pack and prepare

8.
PRAY for weather, safety, fishing, health and relationships with God and "Buddies For Life"

BOOK YOUR TRIP TO

BFL Island

Experiencing God in the Canadian Outdoors

NOW!!!

Are You Hooked Yet?
Questions or Booking
Call PK (913) 335-4108

BFLFISHING.COM

Learn more about PK Business/Ministry at meetpk.com

Customized Expeditions

Men · Father/Son · Women
Families · Friends · Co-Workers
Church Groups · Pastoral Retreats
Corporate Team Building
Sales-Force Training

(Specialized Pricing May Apply, Financing Available)

2023 EXPEDITIONS

Call PK NOW! (913) 335 · 4108

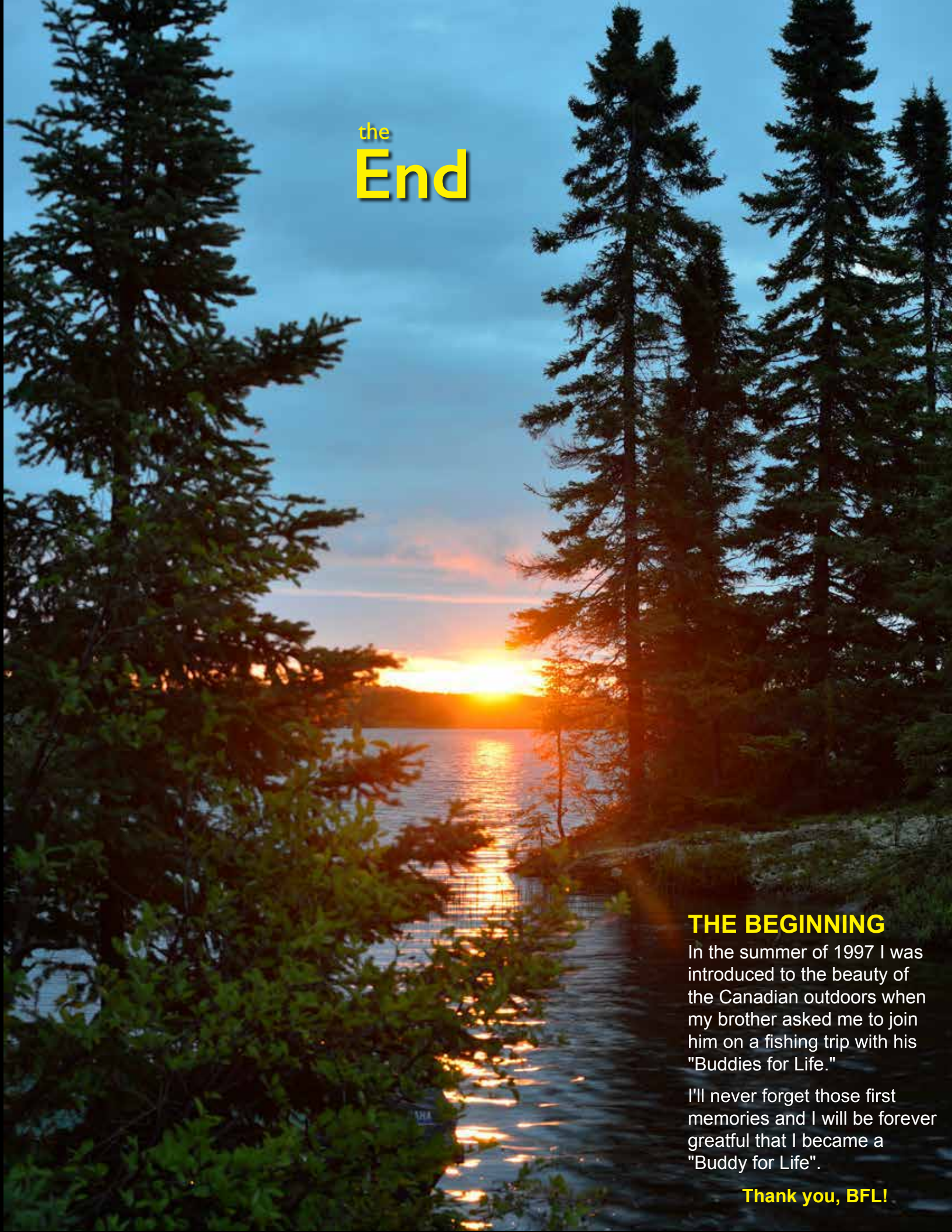
Father / Son

Men's

Families

Church Groups

Corporate Groups



THE BEGINNING

In the summer of 1997 I was introduced to the beauty of the Canadian outdoors when my brother asked me to join him on a fishing trip with his "Buddies for Life."

I'll never forget those first memories and I will be forever greatful that I became a "Buddy for Life".

Thank you, BFL!